

SEE HOW MUCH THEY'VE GROWN

ACTIVITY INSTRUCTIONS

The purpose of this free-worksheets activity is to teach your children how to record observations in an organized manner over an extended period of time. For added fun, allow everyone to make a prediction at the start of this activity and see if anyone's guess is correct at the end! Kids LOVE to see how tall they are getting and if you have several children close in age, it almost becomes a race to see who grows the most in a year! Decide how often you will measure the children. (Two month intervals seems to work well.) Find a place that has a flat, blank surface where you won't mind markings on the wall. (We use the inside of our front closet door!) Every two months use a measuring tape or yard stick and mark the heights of each child on the wall or door. Add the appropriate name by each measurement. Now have the kids record their own height in their personal journal. Make sure they have added the date next to the measurement (Two columns works well for this) You can be more creative if you like by allowing the kids to keep track of EVERYONE'S height in the journal...or by adding things such as shoe size or clothing size to the list of measurements. Add a little MATH FUN by having the kids figure out how much they have grown since the first measurement was taken! This activity lasts all year and don't worry about forgetting ... Your kids will be sure to remind you that it's TIME TO MEASURE!

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